

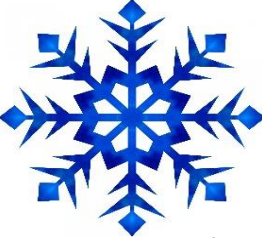


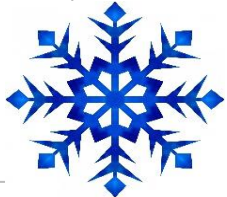







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
KEY: V- Virtual TV- Ch. 59/48.1 MP- Multi Purpose Room C- Chapel A- Atrium NL- North Lounge ML- Main Lounge	Watch TV Channel 8 for activity updates, announcements, and any cancellations	 <h1 style="margin: 0;">RM & RT Activities</h1> <h2 style="margin: 0;">January 2022</h2> 				1	Happy 2022! *****
		2	3	4	5	6	7
2:00 Sunday Worship Service- Chapel/Virtual 2:45 Inspirational Music- Chapel/Virtual 7:00 Game Time with Julie- Main Lounge *Nature Video	10:30 Exercise- Virtual 10:30 Bible Topics- NL 1:00 Music with Julie- Atrium or Virtual 2:00 Inspirational Talk w/Rev. Moyer C or V 3:30 Table Games w/Julie RM Card Room	10:00 Travel Videos- V 11:00 Comm. Svc.- Chapel 11:00 Chair Exercises w/Lois- MP 1:00 Music w/Lois- MP 2:00 Bingo- MP, A, V 3:30 Game Time- ML 7:00 Music w/Julie- A/V	10:00 Rosary- Virtual 10:30 Exercise- Virtual 2:00 Bingo- MP/A/Virtual 3:30 Catholic Mass- Virtual 3:30 Table Games w/Julie- Card Room *Nature Video	10:00 Travel Videos- V 11:00 Chair Exercises w/Lois- MP 2:00 Bingo- MP/A/Virtual 3:30 Game Time- ML 7:00 Music w/Julie- A/V *Nature Video	11:00 First Friday Communion- Chapel 11:00 Chair Exercises- MP 1:00 Music w/Lois- ML 2:00 History w/Lois-ML 2:00 Music with Victor Borge & Boston Pops- V *Nature Video- Virtual	2:00 Lawrence Welk Video- Virtual <i>GAMES & PUZZLES IN THE MP ROOM</i> *Nature Video	
9	10	11	12	13	14	15	
2:00 Sunday Worship Service- Chapel/Virtual 2:45 Inspirational Music- Chapel/Virtual 7:00 Game Time with Julie- Main Lounge *Nature Video	10:30 Exercise- Virtual 10:30 Bible Topics- NL 1:00 Music with Julie- Atrium or Virtual 2:00 Inspirational Talk w/Rev. Moyer C or V 3:30 Table Games w/Julie RM Card Room	10:00 Travel Videos- V 11:00 Comm. Svc.- Chapel 11:00 Chair Exercises w/Lois- MP 1:00 Music w/Lois- MP 2:00 Bingo- MP, A, V 3:30 Game Time- ML 7:00 Music w/Julie- A/V	10:00 Rosary- Virtual 10:30 Exercise- Virtual 2:00 Bingo- MP/A/Virtual 3:30 Catholic Mass- Virtual 3:30 Table Games w/Julie- Card Room *Nature Video	10:00 Travel Videos- V 11:00 Chair Exercises w/Lois- MP 2:00 Bingo- MP/A/Virtual 3:30 Game Time- ML 7:00 Music w/Julie- A/V *Nature Video	11:00 Chair Exercises w/Lois- MP 1:00 Music w/Lois- ML 2:00 History w/Lois-ML 2:00 Music with Linda Ronstadt & Nelson Riddle Orchestra- Virtual *Nature Video- Virtual	2:00 Lawrence Welk Video- Virtual <i>GAMES & PUZZLES IN THE MP ROOM</i> *Nature Video	
16	17	18	19	20	21	22	
2:00 Sunday Worship Service- Chapel/Virtual 2:45 Inspirational Music- Chapel/Virtual 7:00 Game Time with Julie- Main Lounge *Nature Video	10:30 Exercise- Virtual 10:30 Bible Topics- NL 1:00 Music with Julie- Atrium or Virtual 2:00 Inspirational Talk w/Rev. Moyer C or V 3:30 Table Games w/Julie RM Card Room	10:00 Travel Videos- V 11:00 Comm. Svc.- Chapel 11:00 Chair Exercises w/Lois- MP 1:00 Music w/Lois- MP 2:00 Bingo- MP, A, V 3:30 Game Time- ML 7:00 Music w/Julie- A/V	10:00 Rosary- Virtual 10:30 Exercise- Virtual 2:00 Bingo- MP/A/Virtual 3:30 Catholic Mass- Virtual 3:30 Table Games w/Julie- Card Room *Nature Video	10:00 Travel Videos- V 11:00 Chair Exercises w/Lois- MP 2:00 BIRTHDAY SOCIAL Music to be announced 7:00 Music w/Julie- A/V *Nature Video	11:00 Chair Exercises w/Lois- MP 1:00 Music w/Lois- ML 2:00 History w/Lois-ML 2:00 Music with Marvin Hamlich & Pittsburgh Pops- Virtual *Nature Video- Virtual	2:00 Lawrence Welk Video- Virtual <i>GAMES & PUZZLES IN THE MP ROOM</i> *Nature Video	
23/30	24/31	25	26	27	28	29	
2:00 Sunday Worship Service- Chapel/Virtual 2:45 Inspirational Music- Chapel/Virtual 7:00 Game Time with Julie- Main Lounge *Nature Video	10:30 Exercise- Virtual 10:30 Bible Topics- NL 1:00 Music with Julie- Atrium or Virtual 2:00 Inspirational Talk w/Rev. Moyer C or V 3:30 Table Games w/Julie RM Card Room	10:00 Travel Videos- V 11:00 Comm. Svc.- Chapel 11:00 Chair Exercises w/Lois- MP 1:00 Music w/Lois- MP 2:00 Bingo- MP, A, V 3:30 Game Time- ML 7:00 Music w/Julie- A/V	10:00 Rosary- Virtual 10:30 Exercise- Virtual 2:00 Bingo- MP/A/Virtual 3:30 Catholic Mass- Virtual 3:30 Table Games w/Julie- Card Room *Nature Video	10:00 Travel Videos- V 11:00 Chair Exercises w/Lois- MP 2:00 Bingo- MP/A/Virtual 3:30 Game Time- ML 7:00 Music w/Julie- A/V *Nature Video	11:00 Chair Exercises w/Lois- MP 1:00 Music w/Lois- ML 2:00 History w/Lois-ML 2:00 Music with Dionne Warwick & Burt Bacharach- Virtual *Nature Video- Virtual	2:00 Lawrence Welk Video- Virtual <i>GAMES & PUZZLES IN THE MP ROOM</i> *Nature Video	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ACTIVITY TIME: Activities will vary r/t Residents' interest. Watch TV Channel 8 for activity up-dates and announcements.	Watch TV Channel 8 for activity updates, announcements, and any cancellations	 <h1 style="margin: 0;">ZP Activities</h1> <h1 style="margin: 0;">January 2022</h1> 				1
		<h2 style="margin: 0;">Happy 2022!</h2> <p style="text-align: center;">*****</p>				
2	3	4	5	6	7	8
9:45 Exercise 10:30 News Topics 1:00 Let's Color 2:00 Inspiration Msg. Virtual TV 3:00 Let's Talk 3:30 Match Game 6:30 Activity Time	9:45 Exercise 10:45 Music with Julie 2:00 Inspirational Talk- Lounge/Virtual 3:00 Bingo 6:30 Activity Time	9:45 Exercise 10:00 Toss Game 11:00 Price Is Right 2:30 Muisic with Lois 3:00 Mind Joggers 6:30 Activity Time	9:45 Exercise 10:45 Music with Julie 2:15 Letter Dice 3:00 Bingo 6:30 Activity Time	9:45 Exercise 10:00 Let's Color 11:00 Price Is Right 2:00 Puzzles 3:00 Mind Joggers 6:30 Activity Time	9:45 Exercise 10:00 Music with Lois 11:00 Price Is Right 2:00 Music with Victor Borge & Boston Pops- V 6:30 Activity Time	9:45 Exercise 10:00 Fold 1:00 Letter Dice Game 2:00 Lawrence Welk 3:30 Match Game 6:30 Activity Time
9	10	11	12	13	14	15
9:45 Exercise 10:30 News Topics 1:00 Let's Color 2:00 Inspiration Msg. Virtual TV 3:00 Let's Talk 3:30 Match Game 6:30 Activity Time	9:45 Exercise 10:45 Music with Julie 2:00 Inspirational Talk- Lounge/Virtual 3:00 Bingo 6:30 Activity Time	9:45 Exercise 10:00 Toss Game 11:00 Price Is Right 2:30 Muisic with Lois 3:00 Mind Joggers 6:30 Activity Time	9:45 Exercise 10:45 Music with Julie 2:15 Letter Dice 3:00 Bingo 6:30 Activity Time	9:45 Exercise 10:00 Let's Color 11:00 Price Is Right 2:00 Puzzles 3:00 Mind Joggers 6:30 Activity Time	9:45 Exercise 10:00 Music with Lois 11:00 Price Is Right 2:00 Music with Linda Ronstadt & Nelson Riddle Orchestra- Virtual 6:30 Activity Time	9:45 Exercise 10:00 Fold 1:00 Letter Dice Game 2:00 Lawrence Welk 3:30 Match Game 6:30 Activity Time
16	17	18	19	20	21	22
9:45 Exercise 10:30 News Topics 1:00 Let's Color 2:00 Inspiration Msg. Virtual TV 3:00 Let's Talk 3:30 Match Game 6:30 Activity Time	9:45 Exercise 10:45 Music with Julie 2:00 Inspirational Talk- Lounge/Virtual 3:00 Bingo 6:30 Activity Time	9:45 Exercise 10:00 Toss Game 11:00 Price Is Right 2:30 Muisic with Lois 3:00 Mind Joggers 6:30 Activity Time	9:45 Exercise 10:45 Music with Julie 2:15 Letter Dice 3:00 Bingo 6:30 Activity Time	9:45 Exercise 10:00 Let's Color 11:00 Price Is Right 2:00 BIRTHDAY SOCIAL Music to be announced 3:00 Mind Joggers 6:30 Activity Time	9:45 Exercise 11:00 Price Is Right 2:00 Music with Marvin Hamlisch & Pittsburgh Pops- Virtual 6:30 Activity Time	9:45 Exercise 10:00 Fold 1:00 Letter Dice Game 2:00 Lawrence Welk 3:30 Match Game 6:30 Activity Time
23/30	24/31	25	26	27	28	29
9:45 Exercise 10:30 News Topics 1:00 Let's Color 2:00 Inspiration Msg. Virtual TV 3:00 Let's Talk 3:30 Match Game 6:30 Activity Time	9:45 Exercise 10:45 Music with Julie 2:00 Inspirational Talk- Lounge/Virtual 3:00 Bingo 6:30 Activity Time	9:45 Exercise 10:00 Toss Game 11:00 Price Is Right 2:30 Muisic with Lois 3:00 Mind Joggers 6:30 Activity Time	9:45 Exercise 10:45 Music with Julie 2:15 Letter Dice 3:00 Bingo 6:30 Activity Time	9:45 Exercise 10:00 Let's Color 11:00 Price Is Right 2:00 Puzzles 3:00 Mind Joggers 6:30 Activity Time	9:45 Exercise 11:00 Price Is Right 2:00 Music with Dionne Warwick & Burt Bacharach- Virtual 6:30 Activity Time	9:45 Exercise 10:00 Fold 1:00 Letter Dice Game 2:00 Lawrence Welk 3:30 Match Game 6:30 Activity Time

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
KEY: ACTIVITY TIME- activities will vary r/t residents. DR- Dining Room V- Virtual: on TV channel 59 or 48.1 L- Lounge * Never 2 Late used	Watch TV Channel 8 for activity updates, announcements, and any cancellations	 <h1>Maples Activities</h1> <h2>January 2022</h2> 				1	Happy 2022! *****
		2	3	4	5	6	
10:00 Activity Time 1:00 Music w/Julie-Dining Room 2:00 Inspirational Message- Virtual 2:45 Inspirational Music-Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class-Virtual 1:00 Music with Julie-Dining Room 2:00 Inspirational Talk-Dining Room * Nature Video	10:00 Travel Video- V 10:15 Inspiration- Virtual 12:30 Let's Talk- Dining Room 2:00 Bingo-Dining Room 3:00 Game Time-Dining Rm * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Bingo- Dining Room 3:00 Mind Joggers-Dining Room * Nature Video	10:00 Music with Lois-Dining Room 2:00 Bingo- Dining Room 3:00 Game Time-Dining Rm 7:00 Piano Music with Julie- Virtual	10:00 Activity Time 11:00 Inspiration- Virtual 2:00 Music With 2:00 Music with Victor Borge & Boston Pops- V * Nature Video	10:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk-Virtual 6:30 Activity Time	
9	10	11	12	13	14	15	
10:00 Activity Time 1:00 Music w/Julie-Dining Room 2:00 Inspirational Message- Virtual 2:45 Inspirational Music-Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class-Virtual 1:00 Music with Julie-Dining Room 2:00 Inspirational Talk-Dining Room * Nature Video	10:00 Travel Video- V 10:15 Inspiration- Virtual 12:30 Let's Talk- Dining Room 2:00 Bingo-Dining Room 3:00 Game Time-Dining Rm * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Bingo- Dining Room 3:00 Mind Joggers-Dining Room * Nature Video	10:00 Music with Lois-Dining Room 2:00 Bingo- Dining Room 3:00 Game Time-Dining Rm 7:00 Piano Music with Julie- Virtual	10:00 Activity Time 11:00 Inspiration- Virtual 2:00 Music with Linda Ronstadt & Nelson Riddle Orchestra- Virtual * Nature Video	10:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk-Virtual 6:30 Activity Time * Nature Video	
16	17	18	19	20	21	22	
10:00 Activity Time 1:00 Music w/Julie-Dining Room 2:00 Inspirational Message- Virtual 2:45 Inspirational Music-Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class-Virtual 1:00 Music with Julie-Dining Room 2:00 Inspirational Talk-D.R 3:00 Resident Council Meeting- Dining Room	10:00 Travel Video- V 10:15 Inspiration- Virtual 12:30 Let's Talk- Dining Room 2:00 Bingo-Dining Room 3:00 Game Time-Dining Rm * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Bingo- Dining Room 3:00 Mind Joggers-Dining Room * Nature Video	10:00 Music with Lois-Dining Room 2:00 BIRTHDAY SOCIAL Music to be announced 7:00 Piano Music with Julie- Virtual	10:00 Activity Time 11:00 Inspiration- Virtual 2:00 Music with Marvin Hamlisch & Pittsburgh Pops- Virtual * Nature Video	10:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk-Virtual 6:30 Activity Time * Nature Video	
23/30	24/31	25	26	27	28	29	
10:00 Activity Time 1:00 Music w/Julie-Dining Room 2:00 Inspirational Message- Virtual 2:45 Inspirational Music-Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class-Virtual 1:00 Music with Julie-Dining Room 2:00 Inspirational Talk-Dining Room * Nature Video	10:00 Travel Video- V 10:15 Inspiration- Virtual 12:30 Let's Talk- Dining Room 2:00 Bingo-Dining Room 3:00 Game Time-Dining Rm * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Bingo- Dining Room 3:00 Mind Joggers-Dining Room * Nature Video	10:00 Music with Lois-Dining Room 2:00 Bingo- Dining Room 3:00 Game Time-Dining Rm 7:00 Piano Music with Julie- Virtual	10:00 Activity Time 11:00 Inspiration- Virtual 2:00 Music with Dionne Warwick & Burt Bacharach- Virtual * Nature Video	10:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk-Virtual 6:30 Activity Time * Nature Video	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
KEY: ACTIVITY TIME- activities will vary r/t residents. DR- Dining Room V- Virtual: on TV channel 59 or 48.1 L- Lounge * Never 2 Late used	Watch TV Channel 8 for activity updates, announcements, and any cancellations	 <h1 style="margin: 0;">Oaks Activities</h1> <h2 style="margin: 0;">January 2022</h2> 				1	Happy 2022! *****
		2	3	4	5	6	7
9:00 Activity Time 2:00 Inspirational Message- Virtual 2:45 Inspirational Music- Virtual 4:00 Music with Julie- L * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Inspirational Talk- Virtual 3:00 Game Time- Lounge * Nature Video	9:45 Music w/Lois Lounge 10:15 Inspiration- Virtual 1:15 Let's Talk- Lounge 2:00 Bingo- Dining Room 3:00 Game Time- Lounge 7:00 Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Bingo- Dining Room 3:00 Mind Joggers- Lounge * Nature Video	10:00 Travel Video-V 10:30 Exercise- Lounge 2:00 Bingo- Dining Room 7:00 Music w/Julie- V * Nature Video	10:30 Exercise- Virtual 10:30 1:1 visits w/Camille 1:30 Good Old Days with Camille- Lounge 2:00 Music with Victor Borge & Boston Pops- V * Nature Video	9:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk- Virtual 3:00 Puzzles * Nature Video	
9	10	11	12	13	14	15	
9:00 Activity Time 2:00 Inspirational Message- Virtual 2:45 Inspirational Music- Virtual 4:00 Music with Julie- L * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Inspirational Talk- Virtual 3:00 Game Time- Lounge * Nature Video	9:45 Music w/Lois Lounge 10:15 Inspiration- Virtual 1:15 Let's Talk- Lounge 2:00 Bingo- Dining Room 3:00 Game Time- Lounge 7:00 Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Bingo- Dining Room 3:00 Mind Joggers- Lounge * Nature Video	10:00 Travel Video-V 10:30 Exercise- Lounge 2:00 Bingo- Dining Room 7:00 Music w/Julie- V * Nature Video	10:30 Exercise- Virtual 10:30 1:1 visits w/Camille 1:30 Winter Fashions with Camille- Lounge 2:00 Music with Linda Ronstadt & Nelson Riddle Orchestra- Virtual * Nature Video	9:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk- Virtual 3:00 Puzzles * Nature Video	
16	17	18	19	20	21	22	
9:00 Activity Time 2:00 Inspirational Message- Virtual 2:45 Inspirational Music- Virtual 4:00 Music with Julie- L * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 1:30 Resident Council Meeting- Lounge 2:00 Inspirational Talk- Virtual 3:00 Game Time- Lounge * Nature Video	9:45 Music w/Lois Lounge 10:15 Inspiration- Virtual 1:15 Let's Talk- Lounge 2:00 Bingo- Dining Room 3:00 Game Time- Lounge 7:00 Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Bingo- Dining Room 3:00 Mind Joggers- Lounge * Nature Video	10:00 Travel Video-V 10:30 Exercise- Lounge 2:00 BIRTHDAY SOCIAL Music to be announced 7:00 Music w/Julie- V * Nature Video	10:30 Exercise- Virtual 10:30 1:1 visits w/Camille 1:30 Tea Cup Pincushions Craft w/Camille- DiningRm 2:00 Music with Marvin Hamlisch & Pittsburgh Pops- Virtual * Nature Video	9:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk- Virtual 3:00 Puzzles * Nature Video	
23/30	24/31	25	26	27	28	29	
9:00 Activity Time 2:00 Inspirational Message- Virtual 2:45 Inspirational Music- Virtual 4:00 Music with Julie- L * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Inspirational Talk- Virtual 3:00 Game Time- Lounge * Nature Video	9:45 Music w/Lois Lounge 10:15 Inspiration- Virtual 1:15 Let's Talk- Lounge 2:00 Bingo- Dining Room 3:00 Game Time- Lounge 7:00 Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- V 2:00 Bingo- Dining Room 3:00 Mind Joggers- Lounge * Nature Video	10:00 Travel Video-V 10:30 Exercise- Lounge 2:00 Bingo- Dining Room 7:00 Music w/Julie- V * Nature Video	10:30 Exercise- Virtual 10:30 1:1 visits w/Camille 1:30 Chocolate Activities with Camille- Dining Room 2:00 Music with Dionne Warwick & Burt Bacharach- Virtual * Nature Video	9:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk- Virtual 3:00 Puzzles * Nature Video	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
KEY: ACTIVITY TIME- activities will vary r/t residents. DR- Dining Room V- Virtual: on TV channel 59 or 48.1 L- Lounge * Never 2 Late used	Watch TV Channel 8 for activity updates, announcements, and any cancellations	 <h1 style="margin: 0;">Pines Activities</h1> <h2 style="margin: 0;">January 2022</h2> 				1	Happy 2022! *****
		2	3	4	5	6	7
10:00 Activity Time 2:00 Inspirational Message- Virtual 2:45 Inspirational Music- Virtual *Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Inspirational Talk- Virtual 4:45 Music with Julie- Dining Room *Nature Video	9:00 Travel Video- Virtual 10:15 Inspiration- Virtual 2:00 Bingo- Virtual 7:00 Piano Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Bingo- Virtual * Nature Video	10:00 Travel Video-Virtual 2:00 Bingo- Virtual 7:00 Piano Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Music with Victor Borge & Boston Pops- V * Nature Video	10:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk- Virtual 6:30 Activity Time * Nature Video	
9	10	11	12	13	14	15	
10:00 Activity Time 2:00 Inspirational Message- Virtual 2:45 Inspirational Music- Virtual *Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Inspirational Talk- Virtual 4:45 Music with Julie- Dining Room *Nature Video	9:00 Travel Video- Virtual 10:15 Inspiration- Virtual 2:00 Bingo- Virtual 7:00 Piano Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Bingo- Virtual * Nature Video	10:00 Travel Video-Virtual 2:00 Bingo- Virtual 7:00 Piano Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Music with Linda Ronstadt & Nelson Riddle Orchestra- Virtual * Nature Video	10:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk- Virtual 6:30 Activity Time * Nature Video	
16	17	18	19	20	21	22	
10:00 Activity Time 2:00 Inspirational Message- Virtual 2:45 Inspirational Music- Virtual *Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Inspirational Talk- Virtual 3:00 Resident Council Meeting- Dining Room 4:45 Music with Julie- D.R. *Nature Video	9:00 Travel Video- Virtual 10:15 Inspiration- Virtual 2:00 Bingo- Virtual 7:00 Piano Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Bingo- Virtual * Nature Video	10:00 Travel Video-Virtual 2:00 BIRTHDAY SOCIAL Music to be announced 7:00 Piano Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Music with Marvin Hamlisch & Pittsburgh Pops- Virtual * Nature Video	10:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk- Virtual 6:30 Activity Time * Nature Video	
23/30	24/31	25	26	27	28	29	
10:00 Activity Time 2:00 Inspirational Message- Virtual 2:45 Inspirational Music- Virtual *Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Inspirational Talk- Virtual 4:45 Music with Julie- Dining Room *Nature Video	9:00 Travel Video- Virtual 10:15 Inspiration- Virtual 2:00 Bingo- Virtual 7:00 Piano Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Bingo- Virtual * Nature Video	10:00 Travel Video-Virtual 2:00 Bingo- Virtual 7:00 Piano Music with Julie- Virtual * Nature Video	10:00 Activity Time 10:30 Fitness Class- Virtual 2:00 Music with Dionne Warwick & Burt Bacharach- Virtual * Nature Video	10:00 Activity Time 11:00 1:1 Visits 2:00 Lawrence Welk- Virtual 6:30 Activity Time * Nature Video	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KEY: ACTIVITY TIME- activities will vary r/t residents. DR- Dining Room V- Virtual: on TV channel 59 or 48.1 L- Lounge * Never 2 Late used	Watch TV Channel 8 for activity updates, announcements, and any cancellations	 <h1 style="margin: 0;">Willows Activities</h1> <h2 style="margin: 0;">January 2022</h2> 				1
		<h1 style="margin: 0;">Happy 2022!</h1> <p style="margin: 0;">*****</p>				
2	3	4	5	6	7	8
9:45 Activity Time 10:15 Exercise 12:30 Life Long Learn 1:00 Word Game 2:00 Music with Julie 3:00 Dice Game *5:30 Movie/Fold/Nail * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Adult Coloring 2:00 Inspirational Talk-Virtual *5:30 Movie/Fold/Nail * Nature Video	9:45 Activity Time 10:15 Exercise 2:00 Bingo 3:30 Mind Joggers *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Sing-Along 2:00 Bingo 3:30 Cards *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 1:00 Music with Lois 2:00 Bingo 3:00 Mind Joggers *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Flash Cards 2:00 Music with Victor Borge & Boston Pops- V *5:30 Movie/Fold/Nail C. * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Word Game 2:00 Adult Coloring 3:00 Mind Joggers *5:30 Movie/Fold/Nails * Nature Video
9	10	11	12	13	14	15
9:45 Activity Time 10:15 Exercise 12:30 Life Long Learn 1:00 Word Game 2:00 Music with Julie 3:00 Dice Game *5:30 Movie/Fold/Nail * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Adult Coloring 2:00 Inspirational Talk-Virtual *5:30 Movie/Fold/Nail * Nature Video	9:45 Activity Time 10:15 Exercise 2:00 Bingo 3:30 Mind Joggers *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Sing-Along 2:00 Bingo 3:30 Cards *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 1:00 Music with Lois 2:00 Bingo 3:00 Mind Joggers *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Flash Cards 2:00 Music with Linda Ronstadt & Nelson Riddle Orchestra- Virtual * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Word Game 2:00 Adult Coloring 3:00 Mind Joggers *5:30 Movie/Fold/Nails * Nature Video
16	17	18	19	20	21	22
9:45 Activity Time 10:15 Exercise 12:30 Life Long Learn 1:00 Word Game 2:00 Music with Julie 3:00 Dice Game *5:30 Movie/Fold/Nail * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Adult Coloring 2:00 Inspirational Talk-Virtual *5:30 Movie/Fold/Nail * Nature Video	9:45 Activity Time 10:15 Exercise 2:00 Bingo 3:30 Mind Joggers *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Sing-Along 2:00 Bingo 3:30 Cards *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 2:00 BIRTHDAY SOCIAL Music to be announced *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Flash Cards 2:00 Music with Marvin Hamlisch & Pittsburgh Pops- Virtual * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Word Game 2:00 Adult Coloring 3:00 Mind Joggers *5:30 Movie/Fold/Nails * Nature Video
23/30	24/31	25	26	27	28	29
9:45 Activity Time 10:15 Exercise 12:30 Life Long Learn 1:00 Word Game 2:00 Music with Julie 3:00 Dice Game *5:30 Movie/Fold/Nail * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Adult Coloring 2:00 Inspirational Talk-Virtual *5:30 Movie/Fold/Nail * Nature Video	9:45 Activity Time 10:15 Exercise 2:00 Bingo 3:30 Mind Joggers *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Sing-Along 2:00 Bingo 3:30 Cards *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 1:00 Music with Lois 2:00 Bingo 3:00 Mind Joggers *5:30 Movie/Fold/Nail Care * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Flash Cards 2:00 Music with Dionne Warwick & Burt Bacharach- Virtual * Nature Video	9:45 Activity Time 10:15 Exercise 12:30 Toss Game 1:00 Word Game 2:00 Adult Coloring 3:00 Mind Joggers *5:30 Movie/Fold/Nails * Nature Video